

Fighting Back



Santa Maria Valley

# FAMILY PLEDGE

## AS A PARENT

We pledge to do our part to reduce youth access to alcohol, to support enforcement, and create a healthy family and community by:

- Serving as a positive role model with regard to any alcohol use;
- Giving my children clear “no alcohol, no cigarettes, and no illegal drugs” rules and expectations, and consistent and appropriate consequences for breaking those rules;
- Supervising and monitoring my child’s after school and weekend activities;
- Contacting other parents when my child attends social events in their homes;
- Supporting the police when they enforce underage drinking laws;
- Supporting the school administration when they enforce underage drinking policies.

## When My Child Attends a Party, I will:

- Know where my child will be. Get the address and telephone number of the party’s host. Let my child know that I will expect a call if the location of the event changes.
- Tell the host’s parents my expectations. Let them know that I expect them to uphold underage drinking laws in order to protect the young people in attendance.
- Set a time when my child is expected to return home. Be awake (or ask to be awakened) when he or she arrives home, and avoid agreeing to my child’s requests for last minute “sleep-overs,” if possible.
- Urge my child to NEVER ride with any driver who has been drinking, and always be available to my child if a ride home is needed for my child and/or friends.

## When I Host a Youth Party, I will:

- Set ground rules before the event, such as no drugs, alcohol, or tobacco, before the event, and share the responsibilities and planning with my child.
- Be home to actively supervise the entire event and meet child’s friends.
- Not drink alcohol or allow other adults to drink alcohol at my child’s party.
- Uphold the law. I will not serve alcohol to minors in my home, even if my child tells me that “everyone is doing it.”
- Be aware of signs of alcohol and other drug use, and notify parents of teens who arrive at the party drunk, and ensure the teen’s safe transportation home.
- Call parents of any teen who arrives in possession of alcohol, or under the influence. If I can’t get in touch with the parents, I will call the police if necessary.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

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## As a Youth

- I promise to accept a zero tolerance policy, and to be open and receptive to discussions about alcohol, tobacco, and illicit drugs such as but is not all-inclusive, methamphetamine, cocaine, marijuana, and ecstasy; and
- I promise to remain free from alcohol, tobacco, and illicit drugs such as but is not all-inclusive, methamphetamine, cocaine, marijuana, and ecstasy; and
- I promise to try to help support my friends in healthy attitudes, behaviors, and alcohol/drug free lifestyles; and,
- I promise to speak with an adult if I, or a friend, develops an alcohol or drug problem.

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Youth Signature

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Date

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Youth Signature

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Date

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